

**COUNCIL ON AGING BOARD**  
**REGULAR SESSION MEETING MINUTES**  
**Veteran's Memorial Building, Rm 19**  
**2900 Main Street, Millis, MA 02054**  
**MEETING NOTES FROM MARCH 9, 2018**

CALL TO ORDER: Maria called meeting to order at 9:05

The following persons were present:, COA Director Patty Kayo, Chairman Maria Neville, Secretary Helen Daly, Lisette Walter, Chris McCaffrey, Bill Brown, Brooks Corl, Carol LaFreniere, Steve Howie, Town Administrator Michael Guzinski

Special meeting with members of Friends and Town Administrator, Michael Guzinski to discuss purchase of new COA van.

Michael has talked to Patty regarding the need of a new van. He said that there may possibly be funds available through the State. He has also made the purchase of the van included in his budget bond. Selectmen are slated to review his budget requests on Monday, 3/12. Michael will then advise Patty what local funds will be available – State funds , if any, will not be available until June or July. The Town Bond will be within the cap of 2 ½ - no override will be asked for – this will be a 5-7 year bond request. He is also requesting that 2 ½ hours per week be added for Director, Outreach, and Department Assistant.

Michael has agreed to serve on the serving committee for the St. Patty's luncheon along with Jim McCaffrey and Jim Neville.

- Questions posed: Brooks asks what roll the FinCom will have with his requests – they will be required to approve.

Maria requests that the Selectmen and Michael have a daytime meeting with seniors before the Town Election. She also asks that a new Senior Center is considered before a new High School.

Brooks also suggests that Michael set aside 1 hour per month to visit with the seniors at the center.

Motion to accept Secretary's Report as written made by Chris – second Bill

Treasurer's Report

- Not yet ready will be presented at next meeting

HESSCO

- Maria presents a 2 month report.
- At their February meeting a new Accountant was named (former auditor for the board) as well as a new auditor. The audit report was accepted by their board.
- Elder Affairs reviewed HESSCO and they received a good rating
- Nutrition Study was made (Meals on Wheels and Congregate) survey showed that seniors relied on their daily meals for both food and company with 40% saying that they would not have daily food if not for the deliveries. 60% get meals Monday through Friday with 11% getting meals on the weekends – 68% saying that this is their main meal of the day with 95% saying that they would recommend the meals.
- They will be adding carbs because of people with diabetic needs.
- State Legislators are currently discussing transportation needs of the seniors.

Outreach Report:

- Carol has done research on home life lines servers and will put information in the next newsletter. She also has hand-outs for those seeking information.

- She has had more Fuel Assistants requests.
- She reports that HESSCO has been delivery emergency food boxes as well where needed.

Director's Report:

- Memorial Service has been set for April 23<sup>rd</sup> at 10AM at the United Church of Christ. Brooks has spoken with Rev Jen and Bill will get in touch with her at the Church (508-376-5034) to confirm.

Chairman's Report:

No Chairmen's Report

Old Business

- Tasty Tuesdays: Maureen calls all past attendees on Monday and invites them to the next event – attendance is up. Carol picks up soups or pizza, Patty makes salads. Some of the exercise people have come as well. Discussion of having some local restaurants providing meals – good publicity.
- St. Patty's Day currently has 70 plus people signed up. We will serve in the hallway, service starting at 11:30 and music to begin at Noon.
- Patty did research on the Temple sight as discussed at the last meeting and found that there is only 3044 sq feet. We have over 11 K at our present sight.
- Pickleball will be offered the last Thursday in April from 10:30 to Noon in the gym. Lisette is currently working with the Rec Dept to set this up.
- Chris is asking if funding has been approved for the new bookcase as yet. Friends are asking the final cost and that they will advise on the 14<sup>th</sup> after their meeting.

New Business:

- All discussed under Old Business

Meeting adjourned at 9:57 am

**Next COA Board Meeting: April 13, 2018  
at 9:00 AM – VMB Room 19**